

Distance Traveled

A train moves along a track at a steady rate of 75 miles per hour from 7:00 A.M. to 9:00 A.M. What is the total distance traveled by the train?

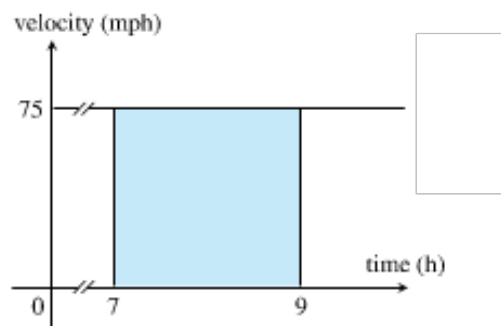


Figure 5.1 The distance traveled by a 75 mph train in 2 hours is 150 miles, which corresponds to the area of the shaded rectangle.

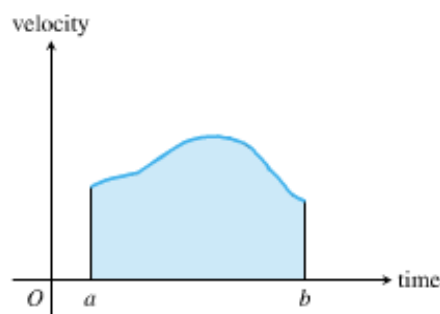


Figure 5.2 If the velocity varies over the time interval $[a, b]$, does the shaded region give the distance traveled?

For strips, each of which would be nearly indistinguishable from a rectangle, see (Figure 5.3).

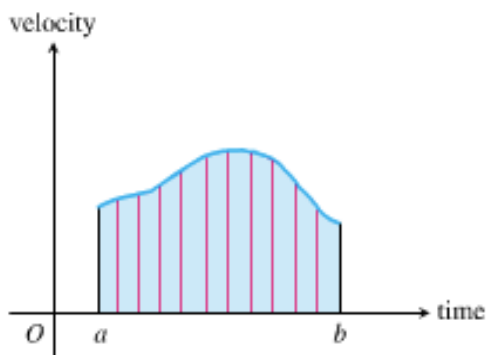


Figure 5.3 The region is partitioned into vertical strips. If the strips are narrow enough, they are almost indistinguishable from rectangles. The sum of the areas of these “rectangles” will give the total area and can be interpreted as distance traveled.

EXAMPLE 1 Finding Distance Traveled when Velocity Varies

A particle starts at $x = 0$ and moves along the x -axis with velocity $v(t) = t^2$ for time $t \geq 0$. Where is the particle at $t = 3$?

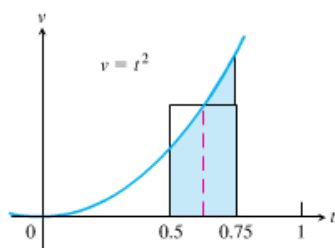
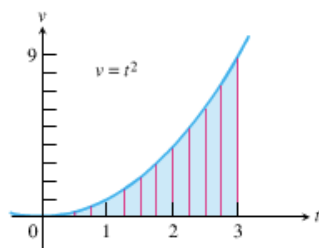


Figure 5.5 The area of the shaded region is approximated by the area of the rectangle whose height is the function value at the midpoint of the interval. (Example 1)

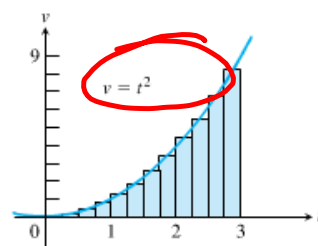


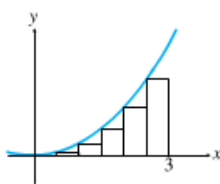
Figure 5.6 These rectangles have approximately the same areas as the strips in Figure 5.4. Each rectangle has height m_i^2 , where m_i is the midpoint of its base. (Example 1)

Table 5.1

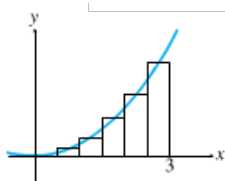
Subinterval	$\left[0, \frac{1}{4}\right]$	$\left[\frac{1}{4}, \frac{1}{2}\right]$	$\left[\frac{1}{2}, \frac{3}{4}\right]$	$\left[\frac{3}{4}, 1\right]$
Midpoint m_i	$\frac{1}{8}$	$\frac{3}{8}$	$\frac{5}{8}$	$\frac{7}{8}$
Height $= (m_i)^2$	$\frac{1}{64}$	$\frac{9}{64}$	$\frac{25}{64}$	$\frac{49}{64}$
Area $= (1/4)(m_i)^2$	$\frac{1}{256}$	$\frac{9}{256}$	$\frac{25}{256}$	$\frac{49}{256}$

Rectangular Approximation Method (RAM)

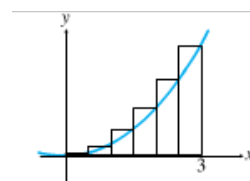
LRAM



(MRAM)



RRAM



LRAM: h b

$$\left(0\right)^2\left(\frac{1}{2}\right) + \left(\frac{1}{2}\right)^2\left(\frac{1}{2}\right) + \left(1\right)^2\left(\frac{1}{2}\right) + \left(\frac{3}{2}\right)^2\left(\frac{1}{2}\right) + \left(2\right)^2\left(\frac{1}{2}\right) + \left(\frac{5}{2}\right)^2\left(\frac{1}{2}\right) = 6.875$$

MRAM:

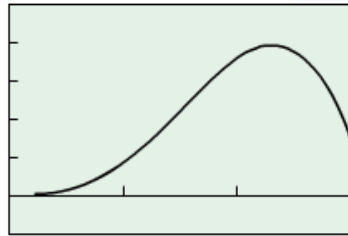
$$\left(\frac{1}{4}\right)^2\left(\frac{1}{2}\right) + \left(\frac{3}{4}\right)^2\left(\frac{1}{2}\right) + \left(\frac{5}{4}\right)^2\left(\frac{1}{2}\right) + \left(\frac{7}{4}\right)^2\left(\frac{1}{2}\right) + \left(\frac{9}{4}\right)^2\left(\frac{1}{2}\right) + \left(\frac{11}{4}\right)^2\left(\frac{1}{2}\right) = 8.9375$$

RRAM:

$$\left(\frac{1}{2}\right)^2\left(\frac{1}{2}\right) + \left(1\right)^2\left(\frac{1}{2}\right) + \left(\frac{3}{2}\right)^2\left(\frac{1}{2}\right) + \left(2\right)^2\left(\frac{1}{2}\right) + \left(\frac{5}{2}\right)^2\left(\frac{1}{2}\right) + \left(3\right)^2\left(\frac{1}{2}\right) = 11.375$$

EXAMPLE 2 Estimating Area Under the Graph of a Nonnegative Function

Figure 5.8 shows the graph of $f(x) = x^2 \sin x$ on the interval $[0, 3]$. Estimate the area under the curve from $x = 0$ to $x = 3$.



$[0, 3]$ by $[-1, 5]$

Figure 5.8 The graph of $y = x^2 \sin x$ over the interval $[0, 3]$. (Example 2)

6 rectangles

$\Delta x = \frac{1}{2}$

$\frac{1}{2}$ 1 $\frac{3}{2}$ 2 $\frac{5}{2}$ 3

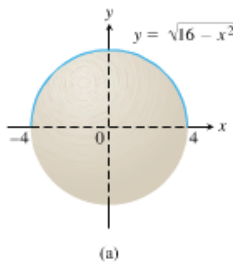
EXPLORATION 1 Which RAM is the Biggest?

You might think from the previous two RAM tables that LRAM is always a little low and RRAM a little high, with MRAM somewhere in between. That, however, depends on n and on the shape of the curve.

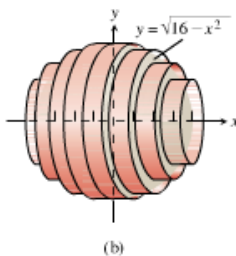
1. Graph $y = 5 - 4 \sin(x/2)$ in the window $[0, 3]$ by $[0, 5]$. Copy the graph on paper and sketch the rectangles for the LRAM, MRAM, and RRAM sums with $n = 3$. Order the three approximations from greatest to smallest.
2. Graph $y = 2 \sin(5x) + 3$ in the same window. Copy the graph on paper and sketch the rectangles for the LRAM, MRAM, and RRAM sums with $n = 3$. Order the three approximations from greatest to smallest.
3. If a positive, continuous function is increasing on an interval, what can we say about the relative sizes of LRAM, MRAM, and RRAM? Explain.
4. If a positive, continuous function is decreasing on an interval, what can we say about the relative sizes of LRAM, MRAM, and RRAM? Explain.

EXAMPLE 3 Estimating the Volume of a Sphere

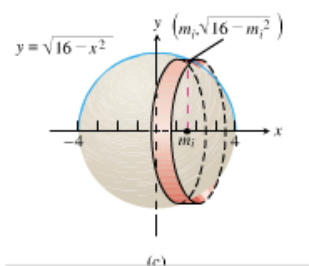
Estimate the volume of a solid sphere of radius 4.



$$x^2 + y^2 = 4^2$$



$$V_c = \pi r^2 h$$



$$f(m_i) = \sqrt{16 - m_i^2}$$

$$\pi r^2 h = \pi (\sqrt{16 - m_i^2})^2 \Delta x$$

$$= \pi (16 - x^2) [-4, 4]$$

$$MRAM_{100} \approx 268.096$$